



PROFESSIONAL SOCIAL WORK PRACTICE INTERNATIONAL AND PAKISTAN PERSPECTIVE

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Abstract

Social work is among the main pillars of any society, no matter it is national or International society, every country needs some kind of social services in order to sustain peacefully. In the world of increasing problems and issues day by day, the professional Social Work services for practice is the need of the hour. West is considered among the pioneers in this regards, as the idea of social work is floated from there and then reached every corner of the world. The below discussed material focussed on professional social work practise and the comparison of both national and international horizons. It is a qualitative analysis of the previously published and televised data and information in the perspective of professional social work practise. The study concluded that professional Social Work practice is like the back bone of any society and if we can say that of any successful society then it is also a true statement.



Keywords: Social work, professional social work practice, social work in Pakistan, international social work perspective

Introduction

Social work is also known as social change in human relations it is used for solving the problems and are creating hurdles in the betterment of welfare and gives the rights for freedom of people. It helps to understand the personal behaviour and the different social classes in the society. (Lundy, 2004) In social work people interact with their environment and similarly the fundamentals of social work is to identify the laws of the human rights and social justice of the people. (Howe, 1987)

The concept of profession of the social work is for changes and development, social continuity and human rights. It helps to understand the group responsibilities, it also helps the individual to divert his/her efforts to their social work. (Healy, 2014) The ideology and theory of social work is social sciences and humanities etc., the purpose of knowledge and social work is to engage and enhance people which helps them to face the challenge in life and wellbeing in the society. (Green, 2010)

The historical trends in the professional social work consists of the knowledge of psychology, sociology and other social policy initiatives. The social work and the development of its scientific knowledge is largely being spread from other areas and their scientific method. These includes the social sciences information, which is more effective in the society. There are the five main knowledge practises in the social work, like theoretical, empirical, procedural, practice wisdom and personal knowledge. (Hudson, 1997)

As these each forms are not individually categorised but there is also attention seeking between each area of them, however it is important and useful to consider these areas individually, so the research reveals that social workers has more knowledge than other individuals. (Riessman, 2005)

The social work profession provide the new challenges and goals of empowerment. The scope and ideology is also very different in it because the development creates uncertainty. In professional social work practice the two of the most important forms, one is radical and the other is liberals. These two have the most important parts in the process of empowerment. Similarly these two different positions were agreed upon some of the same kinds of resolutions, the direct payment and personal assistant is the solution of same kind which have different positions and they both agree on it. (Askheim, 2003)



In the beginning of 20th century there are emerging trends in social work between Western Europe and North America. The social work profession was globalised after the WWII in the south including the culture assumptions. During that period the schools of social work was emerged throughout the globe especially in the south and in the north with all the cultural assumptions undergoing throughout the world. (Midgley, 2001) At that time scholarships were also given in this field and the people also taking interest and participating in the professional Social Work practice as they all have seen its imaging growth throughout the world.

In 1953 in Pakistan the first time service training course was conducted by UN and the govt. of Pakistan also supported this initiative in which 65 Pakistani were trained. At the time the course content of the social work was very old and most of the content was taken from the previous books and traditional patterns of the Western social work education. After that, the consensus were developed that the course curriculum of the Social Work practice in Pakistan should be developed in a way that it reflect the cultural and environmental aspects of the country in which it is practicing. (Malik, 2012) Similarly, in Pakistan the Social Work practices of Western countries should not be followed. In this regards social work become appropriate after the training of social workers regarding the social environment of Pakistan and they always keep practicing and intended which is developed in Pakistani society. (Graham, 2007) In few years the Pakistani literature and methods of social work is introduced in the universities of Pakistan.

It has also been seen that the social work has never been done yet moreover and there is few social work literature content that has been introduced, but after that, more importantly in 2000 the social worker of Pakistani associations members had cancelled their membership by IFSW because they have not available information as compared to the professional social workers so there is a need of professional in the organizations which is remain accountable and important for the society. (Shah, 2015) It also describes the issues that the social services need the citizens in which they can trust and they are responsible for holding the social work in the organizations.

In this way there is also need of professional Social Work organisation that holds the social workers together and is also responsible for their actions they take in serving to enhance the public trust that the gain in social services. (Ellis, 2007) As we know that, the discipline is very important in any kind of work especially in the field of social services and community services. The discipline is of much importance in the professional Social Work organisation, that is basically maintaining a worldwide code of conduct that also helps in catering the needs of the society and with the help of these professional working



for the benefit of the society, the society will surely be an example of peace and harmony that is practicing in this era of Evil competition. (Adams, 2009)

The different researcher's and social work practitioners also highlighted the 50 years structure of social work. In 1950s the irregular methods were introduced and practice with high idealism but it soon grow as victim to political bureaucracy structure of power with given period of time. Then after few years, some of these services live while the remaining cut down wayside occupation but remain continue in West and still short of authentic ways. (Graham, 2007) The methodology of Pakistan was developing and social work literature has been originally idealised, as it is important to lift up again as a scientific program to analyse the opportunity and negation and introduce new line in it. The UN advisors were the first who advised to use the social work professional practice in our family system in order to reshape the social problems. (Riaz, 2016)

Stages of Social Work development in Pakistan

The beginning of qualified social work in Pakistan has started in 1951 and the complete diploma for the community service was started by the team of United Nations. In that UN experts were also invited by govt. of Pakistan, in order to give training ideas that how to work for the betterment of people generally.

According to the principles of Islam that is to help the needy person, so when the person needs your help so helping that person is your first responsibility. It is also our duty because we live in Islamic country named ISLAMIC REPUBLIC OF PAKISTAN. In case if we pay your zakat which is necessary, so there is no need of any professional social practise. And if we follow according to the Islamic principles, we don't have any need to coordinate with any other experts from any western country or organization. (Crabtree, 2008) The concept of social work were be taken this is why we need expert to let them show how to solve the problems.

These resources helps the person to fulfil their needs and facilitate their life and for community these types of social worker that the needy person capacity need to extended with the public assets. If they served by their occupation to make your life unjoyful, the evaluation of the social work is observed by the innovation which has done internationally and mostly in the first world countries. In the rest of the world there is an argument that the evaluation of social work experiments is not limitable for only the community, as they capture huge no. Of innovation examples from the United States and other developed countries in the world to show evaluation thought can be apply in anytime in social work. (Hodge, 2005)



Such venture give the material need of Social Work customer for their full incorporation into the social and financial existence of the local area. Formative social specialists accept that customer strength and capacities should be improved with public assets and administrations and the people who serve expertly, lead to useful lives. In spite of the fact that advancement social work is affected by worldwide advancement, particularly in agricultural nations the book shows that it has significance to US and others Western Nations. It additionally accepts that advancement Social Work practice isn't restricted to local area association or other large scale practice intercession that improvement thoughts can be execute in standard area of social work practice like kid government assistance, emotional wellness, maturing, social help and reorganization. They present a profoundly unique Exhibition of the hypothesis and practice of formative social work. They show on a wide scope of current models from US and different nations to delineate how formative thoughts can be carried out in day by day friendly work.

Brief History of International Social Work

The highest ratio of self-sufficient society and need of the evaluation of international coordination have necessary for the introduction and the concept of international capacity to the welfare profession. This history of internationalization is directly connected to the rise of social problems, it can be economic or anything the self-sufficient countries around the world have their own issues and concerns. (Bell, 2013) The study of social work is widely spread around the world many education institutions and faculty can send their students to another country for the purpose of research and observed the things and combining research between them.

Social work or this noble act was firstly introduce in Amsterdam in the year 1899, after that it spread to all over the European countries and in United States of America. (Healy, 2008) After some time in 1920s it spread throughout the world including Caribbean, India, North Africa, South Africa etc. International association of school was formed in 1929 1930 many researchers and actors who act in field of social work, firstly practice in this school. The two major institute of social work organizations gives the leadership to connect international agencies who work in it and international organizations and international development organisation to work socially in all around the world. Social work plays an important role in international forum to promoting human rights and many others things like post disaster development and reconstruction and social and economic development. (Muridzo, 2021) With their great results social work profession still trying to develop all around the world. The word social work commonly used in United State other nations use term social development and social welfare.



From time to time the global perspective regarding the importance of social work has been developed and in this way the international professional organisations also established to form a number of other organisations on the basis of mutually agreed concepts regarding the professional social work. And with the passage of time, since last two decades a professional restructuring of the Social Work curriculum began to design and was applying throughout the world. With the help of which, a number of efforts are also ensured to include this International social work practice in training and preparation of the Social Work students throughout the world.

Nowadays the speediness of social work and the profession of social work become an international movement. If we talk about the today world which is “Shrinking” due to the immigration and the modern technologies we are trying to spread the social world organizations all around the world, a very funny aspect of globalization in the result of migration and the increasing of population in the United States and the ratio of foreign population birth ratio is 13% born and they speak English language as their motherly tongue. So migration is the new priority for the international social work practitioners. (Webb, 2003)

Over a days these types of social work profession have been oppose from the challenges of immigrants and sheltered to assist in humanity during major events such as war. The education of social work has uncomfortably a worldly perspective in many fronts as it is very necessary to spread the peace and attend the necessity of human development. (Flexner, 2001)

The Goals of International Social Work

The international Social Work aims to provide equal benefit to all the segments of the society and also with the agreement that concerning the goals of development focused through International practice. In this same manner, a number of things has also been done like the elimination of barriers to the development in every society, and some techniques are also used in order to take all equal places for men and women living in our society, fight for the right of the oppressed people, and those who did not get any advantage from the society especially the women in many areas of the world, the adults and older, youth and the children, the disabled persons, the refugees related to political and economic basis, and those patients who are suffering with mental illness and the people who face any gender discrimination in any of the way. (Weiss, 2003) These all approaches are beneficial in order to social and economic development of any society.



Development can be considered in a way that people living in any country should participate in the Social Welfare of that country in this way the elimination of abject poverty is also possible throughout the world. It is very necessary in order to provide basic rights to all the people the Social Work practitioners also need to realise the new social arrangements that is speed up the rate of growth and also as you know the satisfaction of of fundamental demands that people is everywhere in this world.

The Values and Beliefs of International Social Work Practice

Values and beliefs serve as a foundation for integrating various social change initiatives. They also have a direct bearing on the aim and objectives of professional development of educational programme. (Hugman, 2003)

The professional arrangement is about the importance and practise of global human services. The human rights and quality of life are impacted by social, political, and economic events in different parts of the world. (Bisman, 2004) Local communities frequently experience social injustice as a result of worldwide political influences which are caused by the inequalities in society that are maintained by social factors such as (e.g: global poverty, discrimination race, caste and etc).

Neighbourhood public and worldwide social and human improvement can accelerate under peaceful coexistence. (Reamer, 2018) The public and worldwide social orders should be rebuild to lessen the human suffering, corruption and viciousness that endure in various nations of world. Specialists in social work process respects the unique information and abilities that effect social situation greatly, especially in finding easy solutions to solve all social problems. (Timms, 2018) Social work specialists are leading social movements to achieve a much more stable and just international order.

The Knowledge Base of International Social Work

Specialist in International human service take knowledge from different fields such as: Sociology (Stratification theory) Political Science (Power domains, political influence) Economics (Theories of economic production, distribution) Philosophy (Theories of justice and social ethics) these experts also benefit through teamwork and defined as a set of their experience with skill-based organization. (Trevithick, 2008)

This type of knowledge and belief are far researching and provide work activities managed by social workers. Similarly other disciplines are also contributing in the knowledge area of social work. Since the knowledge area of social work is very vast and encompasses a



number of subjects in it so we cannot say that there is a limited area of knowledge that helps in the formation of professional Social Work practice. Nowadays the arena of professional Social Work practice is being enhanced locally as well as internationally. People which done expertise in international social or welfare work creates or obtained knowledge from different sources, and in some circumstances from their religion also. The main focus of the worker is creating heavily groups work, social planning and community for much do better as there skill base.

Globalization and International Social Work

Globalization is the term which used to describe the interconnection of economic output, transportation, and demand. The interaction has been proceeding since the enlightenment time which associated with theories of Adam Smith, David Ricardo and other economists who oppose liberalism of The World Trade Organization, The North America Free Trade Agreement, The World Bank and the International Monetary Fund have imposed penalties on developing nations, demonstrating the transnational aspect of worldwide cycles. (Payne, 2016) Globalization on basis of social work describe as a process of merging wherein various persons, economics, civilizations, and political systems are influenced by worldwide forces with according to the social work.

Globalization is defined as the creation of a global culture where a worldwide trade is most importantly, a global perception of the universe as a unified entity. (Smith, 2007) in the era of globalization professional social work practices are a key to maintain better and prosperous future of the global citizens.

We all know that, with the passage of time things are becoming more complex and their issues are becoming more global as compared to the previous local issues. In order to cover-up all these challenges and to provide maximum services to the humankind, (Fish, 2015) this professional Social Work practice is a remedy to all the social evils because with the presence of these menace and hurdles the humanity cannot progress peacefully and the fruits of growth and progress cannot be distributed or can be felt equally throughout the world. The world has also witnessed that those countries that has social work as a noble profession they can get through all the social challenges with the help of these experts and on the other side the countries that are lacking behind in these kinds of services they are also lacking behind in the context of peace and prosperity as compared to the developed world. (Lawler, 2009)

Social workers need new levels to understand and to practice if they contribute more efficiently in resolving social problems that spreads globally. At a low level,



Understanding of transnational nature of difficulties that draw client: Client groups attraction of social employees. They also emphasize on experimental proofs grant good guideline that concerns various social development solutions that use to destroy or demolish social needs. (Wolf, 2009)

Professional Social Work Perspectives and Theories

Based on scientific facts of study and research that social work theory describes social occurrences to understand that what are motivates of people at different periods of life and what social workers draw from a variety of professions. (Gray, 2010) These theories also help to describe and predict for the social events based on their evidence experience and research. Social work perspective create from psychology, philosophy, economics and other field are making the events easy to explain about what are the stages of life that happened in once life.

A few social understudies doing bachelors or masters might suppose why the theory of social work is so important? As social workers acquire new ideas and they put them into practise in the field of social work which becomes more competitive for boosting social workers' confidence. (Kamali, 2015) A number of student who are studying in social work or complete their masters in social working wonder that's why is the theory of social work is important they learned many of theories after that they apply these theory practically. If the theory was gained successfully in practically it could be reason to increase the moral of the Social worker.

Social work theory helps social workers for the analysis of cases, understanding clients, prediction of intervention outputs. The theories are always changing as new data emerges that enable employees to identify the reasons of behaviour of clients so that they may assist their clients in finding excellent solutions of their problem. (Allan, 2003) Through learning the different theories it might help worker so that they don't involve their presumptions and ideas in the practise of social work. Worker have to use theories which are authentic, instead of involving their own emotions to clients work.

These types of theories help the person who are concerned with that for understanding of clients and create their thesis innovation and wait for outcome. After all of this process they can help their clients to give the best solution. The social worker and the person who are concern with their work need new level of understanding in every new models. If they want to be contribute social problems effect works i.e. social political and economic they must be grounded on empirical suspect and they must have positive guidelines for focusing a range of social evolution social that apply in social change. The event which is happening



in all around the world and the all-region of the world compelling proofs of the need for new approach the education of social worker for the practice of international level. (Ray, 2015)

It helps in everywhere, like during the Latin America repeated famines, the large numbers of growing refugees in Asia, and the Caribbean were the terrorism and human rights challenge persist, in the diseases of aids and other pandemic and with the growing of homeless people around the world. (Parsons, 1991) In short it can be used in all around the world, it has never seen that a particular caste, race, colour etc. only is taking benefit from professional social work practise, since the main purpose of the Social work is to help the person no matter from where she/he belongs.

Findings and Conclusions

No one in this world can deny the fact related to the importance of social work practice and even the professional Social Work practice is also the need of the hour. Because in the world of rampant poverty, coupled with a number of global challenges, and where around half of the population is suffering with the number of worldwide issues, there must need someone to keep them in peace and also provide some calmness from their work. And this work is only can be done by, or through a professional Social Work practice in all the domains including local, International or global.

Events occurring in all regions consists of evidences which are necessary for new approaches to educate social worker. There is sensational expansion in worldwide neediness in Asia and Latin America, Food shortages in Sub-Saharan Africa, an increase in refugees in Asia and Africa, conflict, terrorism, human rights difficulties, and a worldwide warning about the rising problem of homeless people, combine to more levels of less employment in different countries. Most difficult "local" problems confronting social worker in the world, rooted transnational forces origin from other regions.

The concept of professional social work in Pakistan was started in 1951 as a diploma courses. The Government of Pakistan has invited UN expert to train people of Pakistan in this particular way so that they have their own technical personalities to work with and to promote social welfare for the people. Helping others is our priority in Islam and Pakistan is Islamic Republic Nation if we pay zakat according to the principles of Islam then there will be no need to call UN experts. Social work is a borrow concept that's why UN expert were invited to train people.



In the field of social work, reaching an agreement is a major aim. Women, adults, children, and youth, as well as people with disabilities, political and economic refugees, people with mental illness, and people who have been discriminated against because of their gender, race/ethnicity, poverty, religion, social class, caste, or sexual orientation, they all have been pushed down by the removal of barriers in every society. Better appropriate strategies to social and economic growth have been established in order to help the humanity in need.

People everywhere are involved in choosing the methods and effects of development, as well as eliminating poverty and promoting and protecting human rights of all citizens. Implementation of innovative societies that accelerate growth and ensure that people get their need from everywhere which are necessary for them. The transition of every society toward their humanistic principles are based on social equality, cooperation, and development of human.



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